



Not the Droids You Are Looking For, Pennsylvania

## Human Knot

### Objectives:

- Collaborating on a physical task

### Setup:

Have the team stand in a tight circle facing each other. Have them reach over and grab different hands across the circle.

### Notes:

It is okay if at the end, a student is facing outside the circle.

### Materials:

- None

### Instructions to Team:

You have now created a human knot. You have 5 minutes to detangle yourselves and return to a circle. You must not let go of any hands.